

SANBORN REGIONAL MIDDLE SCHOOL

Weekly Newsletter

A newsletter that promotes our core values of Self Directed, Perseverance, Inspiration, Responsibility, Independence, and Tolerance

March 31st

Sanborn Regional Middle School

17 Danville Road, Kingston, New Hampshire 03848 (603) 382-6226 www.sau17.net



Visit Our Website

2023-24 SRSD Calendar

Past Newsletters

SRMS Facebook

Join the SRMS Boosters

SRMS Athletic Update

SRMS Bus Routes

Grading & Reporting Manual

Student Handbook

Homework Links

6th Grade

7th Grade

8th Grade

Please note that the homework assignments posted on these links are subject to change and may be updated on a daily basis. If students have any questions about an assignment, they should email or see their teacher.

Dear Students and Families,

We hope that you all had a nice weekend. We would like to thank all of the students, staff, family and community members who attended or participated in Friday nights Parents/Staff versus Students Basketball Game. The event was a lot of fun and a great way to bring the community together. We would like to give a

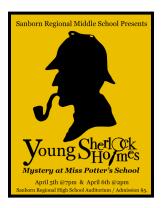
huge thank you to our Middle School Boosters who organized and put on the event. Unfortunately, the Parents & Staff won the game yet again. Maybe next year students!







Spring Drama Production - The Sanborn Regional Middle School Drama Club is presenting "Young Sherlock Holmes and the Mystery at Miss Potter's School" on Friday, April 5th at 7:00 pm and Saturday, April 6th at 2:00 pm in the SRHS/MS auditorium. Over 35 middle school students, plus several district staff members, comprise the cast and crew. The plot, which involves not only a kidnapped student, but a secondary evil plan, as well, includes such familiar characters as Sherlock Holmes, Dr. Watson, Professor Moriarty, Inspector Lestrade, Mrs. Hudson and even a surprise appearance by Queen Victoria herself. In addition, there will be a touch of music and dancing. Bring the whole family! Admission is \$5.00.



Attention Parents/Guardians of Students in the 7th Grade - Last week a letter went home informing you of an upcoming 7th grade field trip to the Museum of Science in Boston. Due to the location of the field trip and the distance from school, the letter outlined behavior expectations for the trip, and required each student and a parent to acknowledge these expectations. If you did not get the letter, please click here. If you have any questions about the trip, please contact the 7th grade team.

Early Release on Monday, April 8th - On Monday, April 8th, SRMS/HS students will be dismissed at 12:10. The decision to have an early release was made in order to allow families to plan for child care and make decisions about how to handle the solar eclipse while ensuring that students do not stare at the sun while on the bus or walking home.

SRMS Boosters Meeting - The next middle school Boosters meeting is Tuesday, April 9^{th} , at 6:30pm in the SRMS/HS library. All staff and families are welcome to attend.

Yearbook Orders - To order a 2023-24 SRMS Yearbook, please click here.



Have a great week!

Matthew Malila Jay Trafton

SRMS Principal SRMS Assistant Principal



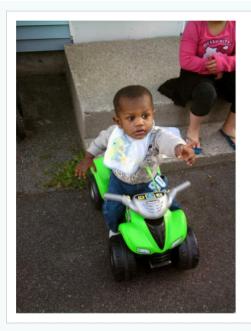
Molly Himber:

To say we are proud of you would be an understatement! You have grown up into a beautiful individual both inside and out. You put 110% effort in everything you do, whether that is your schoolwork, your friendships or competitive gymnastics. Your funny faces and sense of humor make you even more endearing and an absolute joy to be around.

Don't ever let anyone try to damper your "weirdness"! Your future is so bright and we know you will be successful in whatever you set your mind to! Embrace all of the new adventures ahead of you and remember to be brave. We love you so much and that is soooooo poosssibbblllleee!

Love.

Mom, Dad and Charlotte (and the animals too!)



Tyrell,

I am so proud of you! You have grown into such a young man. Focusing on your school work, showing determination no matter how frustrated you were. Just remember the only person standing in your way is yourself. Keep showing determination and strength & you will excel in life! I love you! Your dad and I are so proud of you!

P.S. ONE PROUD MAMA!!!!

Any parent/guardian of an 8th grade student who would like to submit a spotlight for the newsletter should email a photograph and short message to the SRMS Boosters at: middleschoolboosters@sau17.net



Tyler,

You are going to do amazing in high school and we can't wait to see what's to come! Set your goals and reach for the stars. We love you and are so proud of you.

Love, Mom, Dad and Dylan



To Our Abby,

We're all so proud of you! You work hard in everything you do to be the best - School, Band, Dance, Cross Country and Track. You are a great kid who is becoming a beautiful and talented young lady!

Love, Mom, Dad, & Evan

Any parent/guardian of an 8th grade student who would like to submit a spotlight for the newsletter should email a photograph and short message to the SRMS Boosters at: middleschoolboosters@sau17.net



Andrew,
Always remember you are braver than
you believe, stronger than you seem,
smarter than you think and loved more
than you know! We are so proud of you
Love,
Mom & Dad



Sage,
You amaze us everyday as you choose to live
your life full of joy, kindness and integrity! You
have proven that you can conquer anything! We
are so incredibly proud of you! Dream big Sage!
Continue to follow your heart and all your dreams
will come true!
We love you!
Mom, Dad, Kai, Milo and Mazzy

Any parent/guardian of an 8th grade student who would like to submit a spotlight for the newsletter should email a photograph and short message to the SRMS Boosters at: middleschoolboosters@sau17.net



Ally, It is hard to believe that you are almost in high school! We are so proud of you and all you've accomplished. We can't wait to see what the future holds for you!

Love, Mom, Dad & Reese



Gabby, we can't believe you'll be a freshman this fall! Where has the time gone? You have grown up into this beautiful, smart, funny amazing human that continues to keep putting the right foot forward! Keep working hard and you will continue to shine in your academic and athletic endeavors!! We love you so much very! Mom, Dad, Harper & Delaney

Any parent/guardian of an 8th grade student who would like to submit a spotlight for the newsletter should email a photograph and short message to the SRMS Boosters at: middleschoolboosters@sau17.net

SRMS BOOSTERS PANSIES FUNDRAISER



Please support the SRMS Boosters by purchasing locally grown pansies to raise money to support the school's scholarships and other fun activities. A big thank you to Newton Greenhouse for helping the Boosters support our Middle School!

Order form and payment is due April 5th (Please make checks payable to SRMS Boosters)

All pansies are 4.5" and will be \$10.00 each

| Name | Purple | Yellow | White | Amount Due |
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| Totals | | | | \$ |

Pickup is planned for the week of April 8th - 12th. Final date will be announced as we get closer.

Please send questions to Bossmom1511@gmail.com



it's time for

Mulch Madness

Sanborn Music Boosters are teaming up with PR Russell in Brentwood, to once again bring you the best mulch in the area! Get a jump on your spring planting and brighten up your yard.











Mulch: 2 cubic feet per bag · CompostedManure: .75 cubic feet · Potting Soil: 1 cubic foot \$4.00 per bag when purchasing 5 or more of mulch or potting soil



Place your order by April 3 Pick up your order on April 13 between 9-2 at PR Russell in Brentwood

https://www.signupgenius.com/go/20F0C44AAA722A3FE3-48631262-mulch

questions: musicboosters@sau17.net

A Message From School Counseling

Stress Busters for Teens

As teens feel the pressure to succeed in a nation that promotes competitiveness, they may be finding themselves stressed out! With April coming, the final quarter or trimester beginning and the lure of Summer, we need to make sure that we teach them to cope with the pressures of the tail end of the year.

The following are 10 tips to help them deal with the everyday pressure of stress.

*Eat Healthy *Sleep *Find Balance *Go Outside *Find Your Sense of Humor

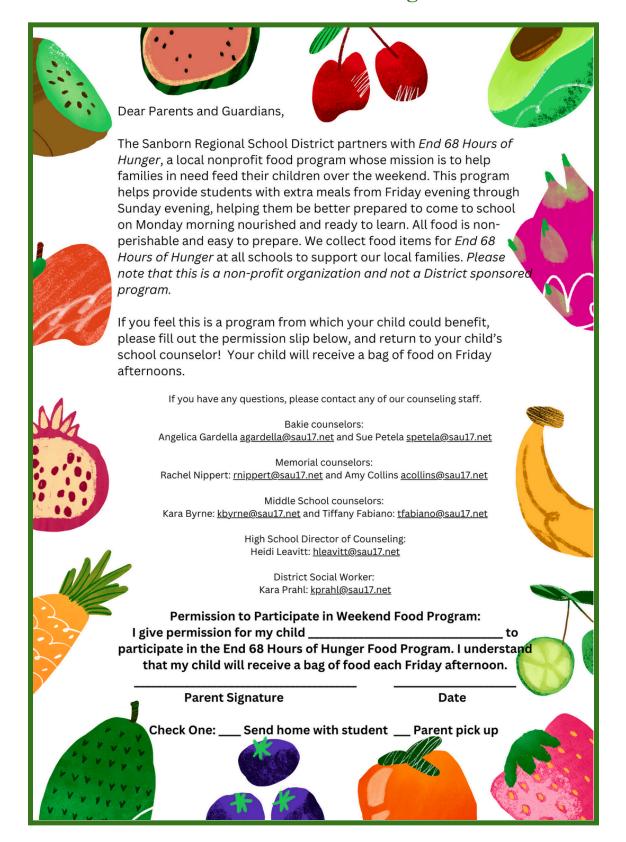
For the entire article, go here: <u>Top 10 Stress Busters for Teens</u>

Talking to your teen about these issues is important, but also may be difficult. Below are some videos for you to preview. You can use them to help with some scripting or talking points, or you might choose to watch them with your teen, and then talk together.

- How We Cope with Anxiety & Stress | MTV's Teen Code
- Recognizing and Managing Teen Stress
- Teen stress from a teen perspective
- Why you should take a break

While not every student will be experiencing stress the same, every student will benefit from understanding the effects of stress on their own mental health is important that we extend the same empathy and aid to mental health as we do to physical health, and make sure that we work with the kids, and are open about the realities of the stress of school, social life and keep the dialogue open!

End 68 Hours of Hunger





A Message from SoRock

SoRock is a community coalition focused on mental health and substance misuse prevention across the lifespan. We carry out our mission by leveraging resources from the local, state and federal level to coordinate and support education, programming and resources for the towns we serve.



Visit our website to learn about commonly misused substances

Understanding "Fake Pills" and the potentially fatal danger of experimentation by teens.

DEA Drug Fact Sheets The Partnership at Drug Free NH

Families can and DO recover together. Start your Recovery Journey today with these NH Resources.

March is also Self Harm Awareness Month. To get help or learn more visit the crisis text line

Follow <u>@sorocknh</u> on FB to stay informed. If you have questions in the meantime visit <u>sorocknh.org</u>, <u>drugfreenh.org</u> or reach out to me at <u>sorocknhcc@gmail.com</u> We want to hear from you, how can we help?

The SoRock community needs assessment survey results identified mental health and substance use as the top community concerns in 2022-2023. <u>Take the 2023-2024 survey here!</u>

<u>Attention Boosters/PTA/PTO and other parent or community/civic groups.</u> SoRock wants to talk with you! We would love to attend your meeting to tell you a little more about us, discuss parenting for prevention and find out how we can support you in the community! Please send an email to sorocknhcc@gmail.com to set something up.

<u>Learn more about Suicide Risk factors, protective factors, and warning signs</u>

Need Help Now? Dial <u>988</u> or call <u>New Hampshire Rapid Response Access Point</u> Call/Text 833-710-6477 or Chat Now

Are you a Parent in Recovery? <u>Children Learn a Lot from Your Recovery!</u>
Need Help with Your Recovery? <u>Click Here for NH Recovery Support Resources</u>
Are you impacted by the substance use of a loved one? <u>Find support here</u> and <u>here</u>

Remember, we are here for all ages. Supporting the wellness of the community across the lifespan is the only way to ensure healthy youth!

SoRock always has FREE resources for the community. Locking medication boxes, Rx disposal pouches, keyed firearm trigger locks, Overdose prevention kits including Narcan & Fentanyl test strips. Parent and relative caregiver resources/prevention power packets.

Would you like to know more about SoRock, how we operate and what we do? Email Charlotte Scott, Program Director sorocknhce@gmail.com or call 603-642-3341 x 1235

NEWS RELEASE

SANBORN REGIONAL SCHOOL DISTRICT

Date: February 2024

Daniel J. Bakie School KINDERGARTEN REGISTRATION for Newton and Kingston, NH

If your child will be five years old by September 30, 2024, and you are a <u>resident of Kingston or Newton, NH</u>, you should consider registering your child for full-day kindergarten for the 2024-2025 school year. Please visit our school website at http://www.sau17.org/3/home and click the 2024-2025 registration link. Registration is done completely online. Documentation required to complete the registration process includes a current physical & immunization record and proof of residency documents. The Sanborn Regional School District has defined the following acceptable residency documents: a copy of a <u>current</u> utility bill (electric, cable, gas, oil) showing your name and address (no P.O. Boxes), <u>along with</u> either a signed lease, a notarized letter from Builder or Realtor, property tax bill, settlement document on a new home or a property deed. Registering early helps us plan appropriately. We ask that registrations be completed *no later than Wednesday, May 1st.*

New Hampshire State Law requires all children to have had immunizations for DPT, Polio, Mumps, Measles, German Measles, Chicken Pox, and Hepatitis B before school entry. They also require each child to have a complete medical examination within one year before entry into kindergarten.

Incoming parent orientation is scheduled on **Wednesday**, **April 10**th **from 3:20-4:20 p.m.** at the D.J. Bakie School (see below for specifics). This event is designed for parents/guardians and their students! This event is focused on visiting kindergarten classrooms, meeting the teachers, and seeing their classrooms. There will be an opportunity to meet our unified arts team and see other specific programs at a later date. The schedule is as follows:

Time:

3:20-3:50 If your Last Name begins with A-M

(If you have older students or PreK students, please park at Swasey after pick-up and walk over. Please do NOT park in the lot here)

3:50-4:20 If your Last Name begins with N-Z

We are excited to have you share the opportunity to visit classrooms and speak with our staff!

All incoming kindergarten students are required to participate in a screening process. You must register your child so that they may participate in the screening. Screening dates will be announced at a later time.

Please contact Kim Rousseau, Enrollment Coordinator, by telephone at (603) 642-5272, x101, or email krousseau@sau17.net for any questions.

THE SEACOAST SCHOOL OF TECHNOLOGY PRESENTS THE 15th ANNUAL SUMMER CAMPS FOR MIDDLE SCHOOL STUDENTS

Exciting summer camps will be offered once again to students who are **currently** in the 5th, 6th, 7th or 8th grade. One-week camp sessions will take place during the week of June 24, 2024. Each day's session will run from 8:00 a.m.-12:00 noon. Students are responsible for their own transportation. No food will be served. Each camp will run contingent upon enrollment. A student will be considered enrolled once the enrollment and medical forms are complete and a check made payable to the Seacoast School of Technology has been received and cleared. **Camp sign-ups will begin on Monday, March 25, 2024.** Registration forms must be postmarked no earlier than Friday, March 22, 2024. The following camps will be offered on a first-come, first-served basis:

Become a Builder Week of June 24

Want to learn basic knowledge of hand tools and power tools? Want to learn proper safety techniques to use in a workshop or on a construction site? Sign-up for this camp and each day you will build an exciting new project with the tool of the day. Campers are required to wear pants and no open-toed shoes. Limit 12 students. Total cost \$145.00.

Culinary Arts Week of June 24

Do you love to bake? Spend a week in our Intro to Baking Workshop! You will practice making new and exciting varieties of cookies, pies and tarts, filled cupcakes, quick breads and yeast breads! You will learn how to use professional tools and equipment while preparing all of these delicious confections. Note: long pants, closed-toed shoes and hair tied back are a safety requirement. Limit 14 students. **Total cost \$160.00**, this includes a chef hat.

Engine Overhaulin' Week of June 24

Embark on a thrilling journey into the world of automotive repair at Seacoast School of Technology's summer camp! Led by expert instructors, campers will explore essential maintenance techniques using professional-grade tools. From oil changes to brake inspections, they'll dive into hands-on activities in a safe, enjoyable environment. The highlight? Dismantling and reassembling an engine to uncover its secrets. Join us for an unforgettable and fun-filled adventure in auto repair! Secure your spot today. Limit 12 students. Total cost \$145.

For the required application and health form, go to **sst.sau16.org**. As a program fills, it will be listed on the website.

The **non-refundable fee** (unless program is cancelled) of \$145 is valid for completed applications and health forms received through May 17, 2024.

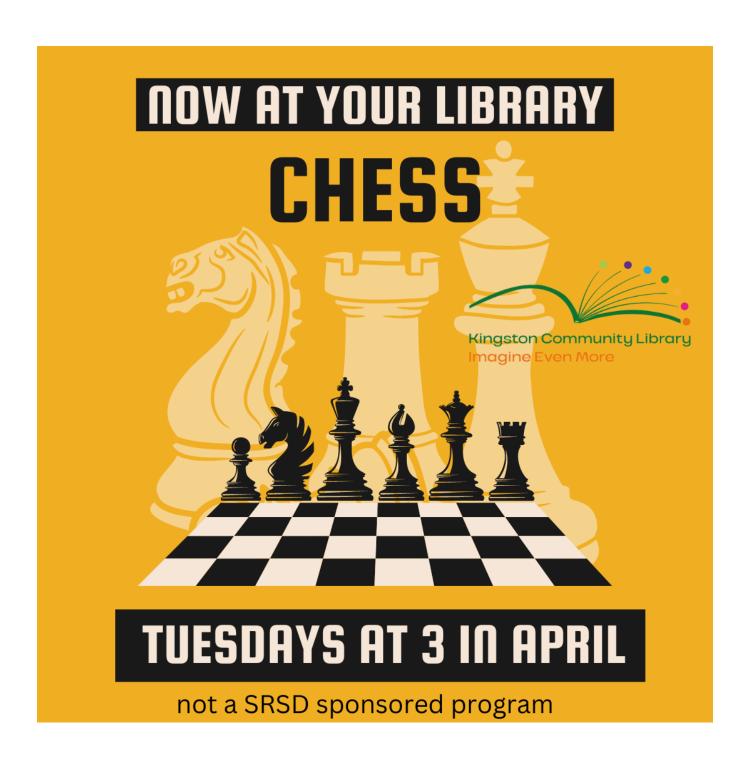
No refunds for natural disasters, local emergencies, loss of power or water, etc.

A letter confirming your child's placement will be mailed to you after May 17, 2024.

For further information or questions, please contact Brenda Schrempf at 775-8461 or bschrempf@sau16.org

Mail forms and payment to: Seacoast School of Technology, Attn: B. Schrempf, 40 Linden St., Exeter, NH 03833 *NOT A SCHOOL-SPONSORED EVENT*

10th Annual SER Hockey **Golf Tournamnent** Apple Hill Golf Course East Kingston NH **NEW THIS YEAR** Prizes awarded for Best Team Name and Best Team Shirt Sponsorship Levels Season Sponsor \$1250 **Platinum Sponsor \$500 Gold Sponsor \$350** Registration 1st or 18th Hole \$200 Longest Drive \$150 Hole Sponsor \$100 Ad Sponsor \$50. See Google Registration Form for details on Sponosrship Levels https://forms.gle/tpBRXSEF9knfRk6W7 checks can be maile Sanborn Ice Hockey PO Box 161 Kingston NH 03848 **Venmo Payments:** @Sanborn-eppingIceHockey-Hockey Contact us at sanborneppinghockeyboosters @gmail.com





APRIL ADULT CALENDAR



| Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|
| 4/2 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess | 4/3 9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie- Gran Turismo Library Closed at 5pm for Staff Meeting | 4/4 10am Bone Builders 11am Writing Group 11:30am Adult craft- Jewelry with Larry *sign up required* 4pm Just Craftin' Around 6pm Thursday Night Book Club | 4/5 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage |
| 9 | 10 | 11 | 12 |
| 11am Hobby Haven 1pm Sit & Stitch 3pm Chess | 11am Gentle Yoga 1pm Matinee Movie- <i>My Big</i> Fat Greek Wedding 3 | 11am Writing Group 4pm Just Craftin' Around 6pm Thursday Night Book Club | 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage |
| 16 | 17 | 18 | 19 |
| 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess | 9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie- Next Goal wins 6pm Nonfiction Book Club | 10am Bone Builders 11am Writing Group 11:30am Adult craft- Crafting with old books 4pm Just Craftin' Around 6pm Thursday Night Book Club | 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage |
| 23 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess | 9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie- The Blind | 25 10am Bone Builders 11am Writing Group 11:30am Older Adult Seminar 4pm Just Craftin' Around 6pm Thursday Night Book Club | 26 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage 1pm Romance Required Book Clut |
| 30 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess | 5/1 9:45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie- Daddy Daughter Trip Library Closed at 5pm for Staff Meeting | 5/210am Bone Builders 11am Writing Group 11:30am Adult Craft- Sand Candles 4pm Just Craftin' Around 6pm Thurs Night Book Club | 9:45am Meditation 10:30am Puzzle Group 10:30am Cribbage |
| | 9 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess 9 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess Natio 16 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess 23 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess 30 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess | 4/2 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess 11am Gentle Yoga 1pm Matinee Movie- Gran 1rurismo Library Closed at 5pm for Staff Meeting 10 10am Bone Builders 11am Gentle Yoga 1pm Matinee Movie- My Big Fat Greek Wedding 3 Natio 17 16 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess 11am Gentle Yoga 1pm Matinee Movie- My Big Fat Greek Wedding 3 17 9.45am Aerobic Exercise 11am Gentle Yoga 1pm Matinee Movie- Next Goal wins 6pm Nonfiction Book Club 23 10am Bone Builders 11am Hobby Haven 1pm Sit & Stitch 3pm Chess 24 10am Bone Builders 11am Gentle Yoga 1pm Matinee Movie- The Blind 30 10am Bone Builders 11am Gentle Yoga 1pm Matinee Movie- The Blind 30 10am Bone Builders 11am Gentle Yoga 1pm Matinee Movie- The Blind 30 10am Bone Builders 11am Gentle Yoga 1pm Matinee Movie- Daddy Doughter Trip Library Closed at 5pm | 4/2 10am Bone Builders 11am Gentle Yoga 1pm Matinee Movie- Gran Turismo 11barry Closed at 5pm for Staff Meeting 10 11am Gentle Yoga 1pm Matinee Movie- Gran Turismo 11am Gentle Yoga 1pm Matinee Movie- Gran Turismo 11am Gentle Yoga 1pm Matinee Movie- Gran Turismo 11am Gentle Yoga 1pm Matinee Movie- My Big Fat Greek Wedding 3 11am Gentle Yoga 1pm Matinee Movie- My Big Fat Greek Wedding 3 11am Gentle Yoga 1pm Matinee Movie- Mext Gool wins 11am Gentle Yoga 1pm Matinee Movie- Mext Gool wins 11am Gentle Yoga 1pm Matinee Movie- Mext Gool wins 11am Gentle Yoga 1pm Matinee Movie- Mext Gool wins 11am Gentle Yoga 1pm Matinee Movie- Mext Gool wins 11am Gentle Yoga 1pm Matinee Movie- Mext Gool wins 11am Gentle Yoga 1pm Matinee Movie- Mext Gool wins 11am Gentle Yoga 1pm Matinee Movie- The Blind 12am Gentle Yoga 1pm Matinee Movie- Mov |

Weekly Programs

Tues, Wed, Thurs 9:30am - 7:30pm

Sat 9am - 1pm

Holiday Hours*

Mondays & Wednesdays, 9:45am, Aerobic Exercise: Join others for fun light aerobic exercise while following an instructional DVD.

Mondays & Wednesdays, 11am, Gentle Yoga Series: Bring a mat, a strap, and a tennis ball if you have one. Class size is limited to 9 students, first come first serve. \$5 a class.

Mondays 6pm & Fridays 9:45am, Meditation: Experience needed. Join a group to meditate and eliminate thoughts that may be causing stress

Tuesdays & Thursdays, 10am, Bone Builders: Gentle weight bearing exercise.

Tuesdays, 11am, Hobby Haven: What's your hobby? Crochet, coloring, or crosswords? Join a great group & chat while having fun enjoying your hobby!

Tuesdays, 1pm, Sit & Stitch: Bring your project and enjoy an afternoon of

Tuesdays, 3pm, Chess: *NEW PROGRAM* Have you been wanting to play chess but don't have anyone to play with? Come on in and play here!

Thursday, 11am Writer's Group Bring your work in progress and write with us.

Thursdays, 4pm, Just Craftn' Around: Join a group of fun folks and work on your craft project. Looking for help knitting, then this is the group for you.

Fridays, 10:30am, Puzzle Group: Have some fun putting together jigsaw

Fridays, 10:30am, Cribbage: Come in to play cribbage.

Monthly Programs

Adult Craft: 1st and 3rd Thursday 11:30, Come in and create a fun craft!

Friends of KCL Meeting: 3rd Monday, once a month at 4pm, Become a member and help in the effort to raise funds for KCL's children's programming and other fun library activities!

Traditional Rug Hooking: Last Monday, once a month at 3:30pm, taught by Lisa Chalconer. Kits are available for \$40. Class is limited to 9 students. Please reserve a spot! \$5 suggested donation.

Special Events

Email: info@kingston-library.org

Intro to Fiction Writing, Mondays, April 1st & 8th, 4pm: Want to write that fiction

Older Adult Seminar, Thursday, April 25, 11:30am: Learn the importance of selfcare when you are helping someone with a mental illness.

Book Clubs

Monday Book Club: Tuesday, April 1, 3pm: A Million Little Pieces by James Frey. Intense, unpredictable, and instantly engaging, this is a story of drug and alcohol abuse and rehabilitation as it has never been told before. May's read will be Murder on Fifth Avenue by Victoria Thompson.

Nonfiction Book Club: Wednesday, April 17, 6pm: The Milky Way: An Autobiography of Our Planet by Moiya McTier. An astrophysicist and folklorist details everything humans have discovered—from the Milky Way's formation to its eventual death, and what else there is to learn about the universe we call

Mystery Book Club: Monday, April 22, 6pm: *Widows of Malabar Hill* by Sujata Massey. Richly wrought story of multicultural 1920s Bombay as well as the debut of a sharp new sleuth.

Romance Required Book Club: Friday, April 26, 1pm: Secretly Yours by Tessa Baily. A steamy opposites-attract romantic comedy featuring Hallie Welch and Julian Vos.

Thursday Night Book Club: Thursdays, 6pm: Led by Dr. John Chandler, this group meets weekly. Contact the library or read our current newsletter to find the current book.







Music and Movement: Mondays 11 AM, Spring into action and bring your little ones to move, sing and shake a tambourine or bells, and move about with the parachute

Email: info@kingston-library.org

Kingston, NH 03848 603-642-3521

Toddler Tunes & Story: Wednesdays 10:30 am - 11:15 am, Join Miss Carolyn & Miss Chyral for songs, a short story and craft.

123 Come Play with Me: Mondays & Fridays 9:30 - 11 am, A drop-in unstructured open playgroup for children ages 0 to 36 months and their caregivers

Lego Builders & Maker Zone: Thursdays 4 - 4:45 pm, Complete a building challenge or free build with Lego, or other building materials.

Theme Time Thursdays: 5:30 pm - 7 pm, Drop in and do the weekly craft or experiment.

Friday Flicks: Fridays 4pm, join Miss Chyral for a movie and coloring page

Tues, Wed, Fri 9:30am - 7:30pm Sat 9am - 1pm

Special Events - School Vacation Week April 22 - 26

Tuesday, April 23 - Outdoor Scavenger Hunt - Kids come pick up a map and clues in the Children's Room and then head outdoors. Maps will be available all week.

Wednesday, April 24 - Outdoor Games on the Patio - 10 AM Wednesday, April 24 - Messy Masterpiece Backyardists - 2 PM Best for kids ages 4 and up - We will collect some items from outdoors or you can bring 'nature' from your backyard and use the pieces on your canvas. WEAR CLOTHES THAT YOU DON'T MIND GETTING DIRTY.

Thursday, April 25 - Upcycled Art - 1 PM - 3 PM Kids come create a radical robot or a space creature with our recycled materials in honor of EARTH DAY (April 22)

Thursday, April 25 - Game On! Kids ages 5 and up can join us in the Children's Room from 5PM - 7PM for board games! Try a new game or play an old favorite. Families are welcome.

Website: kingston-library.org



















Week of July 8

- Automotive General Vehicle Maintenance and Information: Learn proper use of tools and procedures involved during vehicle check-over, oil change, tire replacement, warning light meaning and checking, and scan tool introduction.
- Find My Career: Hands-on exploration of career pathways in the social and health sciences, with on-site interactions with practitioners.

Week of July 15

- Automotive General Vehicle Maintenance and Information
- Introduction to Digital Electronics: Get hands-on experience using electronic components to build a functioning digital circuit on a solderless breadboard. This project comes equipped with its own battery pack so students can take home and demonstrate to friends and family.
- Programming with Python: Learn to problem solve through programming. No prior coding
 experience necessary.
- Exploring the world of Public Health: Learn about the history of Public Health and important
 public health issues that affect your own community and other communities around the world.
 Work with experienced public health professionals and get hands-on experiences in various labs
 as part of exploring this diverse and interesting career path.

Week of July 22

- Intro to Arduino (Programmable circuit board): Learn to program and see your code
 working on an actual circuit board with lights and switches. You'll be able to take home your
 circuit board and demonstrate to family and friends
- Skills for High School & College Success: Build skills for high school and college success, with hands-on exploration of relevant academic pathways and on-site interactions with practitioners.

Week of July 29

Aviation Technology: Learn about the many different careers in Aviation.











Register Today! Scan QR Code above for Registration Packet Contact: Kim Eckenrode • Career & Technical Education Pathways Director (603) 578-8979 • KEckenrode@ccsnh.edu

Nashua Community College | 505 Amherst Street | Nashua, NH 03063











4 Days \$295



SUMMER CAMP 2024





Session Registration Details

| Automotive: General Vehicle Maintenance & Information | | | 4 Days | \$295 | |
|--|---|--|--------|-------|--|
| Proper use of tools, Proper procedures involved during vehicle check-over, oil change, tire rotation and | | | | | |
| replacement, Warning light mean | replacement, Warning light meaning and checking, scan tool introduction | | | | |
| Week of July 8 Fall 2024 Grades 6 -12 CRN: 35301 | | | | | |
| Week of July 15 Fall 2024 Grades 6 - 12 CRN: 35309 | | | | | |

| Find My Career | | | 4 Days | \$295 |
|---|------------------------|------------|--------|-------|
| Hands-on exploration of career pathways in the social and health sciences, with on-site interactions with practitioners. | | | | |
| Week of July 8 | Fall 2024 Grades 6 -12 | CRN: 35303 | | |

| Introduction to Digital Electronic | s | | 4 Days | \$295 | |
|--|------------------------|------------|--------|-------|--|
| Students will get hands-on experience using actual electronic components to build a functioning digital circuit on a | | | | | |
| solderless breadboard. This project comes equipped with its own battery pack so that students can take home and | | | | | |
| demonstrate to friends and family. | | | | | |
| Week of July 15 | Fall 2024 Grades 6 -12 | CBN: 35308 | | | |

| Programming with Python | | | 4 Days | \$295 |
|--|------------------------|------------|--------|-------|
| Students learn to problem solve through programming. No prior coding experience necessary. One-year online | | | | |
| Youth Coding membership included with the cost of the camp. | | | | |
| Week of July 15 | Fall 2024 Grades 6 -12 | CRN: 35304 | | |

| Exploring the World of Public Health | 4 Days | Free | |
|--|------------|-----------------------|--|
| Public Health has grabbed the attention of the country in recent years, but what exact | tly does p | ublic health | |
| encompass? How do disease detectives gather and use data to analyze a public health | event? A | t this camp, you will | |
| learn about the history of this field as well as important public health issues that affect your own community and | | | |
| other communities around the world. You will work with experienced public health pr | rofessiona | Is and get hands-on | |
| experiences in various labs as part of exploring this diverse and interesting career pat | h. | | |
| This comp is funded by a grant | | | |

Early Registration is open for High School students enrolled in Allied Health courses academic years 2023-2024/2024-2025 at NH's CTE Centers or Early College. Open Enrollment starts May 2024 if space permits.

For more information on the registration process contact Kim Eckenrode <u>KEckenrode@ccsnh.edu</u>

Introduction to Arduino (Programmable Circuit Board)

| Week of July 15 | Fall 2024 Grades 9 -12 | CRN: 35305 |
|-----------------|------------------------|------------|
| | | |

Arduino is a fun way to learn how to program. Come learn to program and see your code working on an actual circuit board with lights and switches. You'll even be able to take home your circuit board and demonstrate to family an

| nd friends | | |
|-----------------|------------------------|------------|
| Week of July 22 | Fall 2024 Grades 6 -12 | CRN: 35306 |

| ı | Skills for High School & College S | uccess | | 4 Days | \$295 | | |
|---|--|--------|--|--------|-------|--|--|
| | Focus on building skills for high school and early college success, with hands-on exploration of relevant academic | | | | | | |
| ı | pathways and on-site interactions with practitioners. | | | | | | |
| | Week of July 22 Fall 2024 Grades 9 -12 CRN: 35307 | | | | | | |

| Aviation Technology | | | 4 Days | \$295 | |
|---|--|--|--------|-------|--|
| Students will learn about the many different careers in Aviation. | | | | | |
| Week of July 29 Fall 2024 Grades 6 -12 CRN: 35310 | | | | | |

Contact: Kim Eckenrode • Career & Technical Education Pathways Director (603) 578-8979 • KEckenrode@ccsnh.eduNashua Community College | 505 Amherst Street | Nashua, NH 03063

Not Sponsored by Sanborn Regional School District

Technology Fun Night CLXI Friday, April 12, 2024 6:00 PM – 8:00PM

Place: Seacoast School of Technology

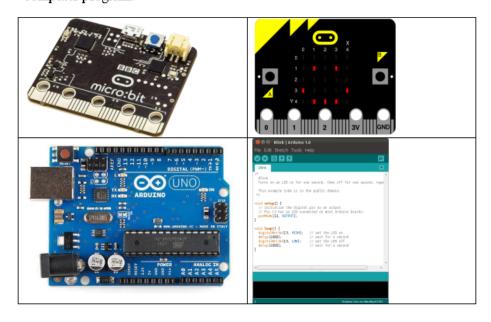
Who: Grade 5 - 9 students

Cost: Voluntary donation of 3 cans of food for local food bank per person. If you would like to bring more cans, all donations will gladly be accepted.

Why: This school year, the Seacoast School of Technology is offering a series of events for students to show just how much fun learning about technology can be.

Register online @ https://sst.sau16.org/en-US/technology-fun-nights-f4734f0b Registration opens 8 AM on Tuesday, March 19, 2024. Registration deadline is April 11, 2024. Limited to 25 students on a first come first served basis.

This month we will be learning about hardware programming using the Arduino and Micro:Bit single board computers. You will learn about interfacing Light Emitting Diodes and pushbutton switches to control a computer program.





Any questions, contact Mr. Messa at nmessa@sau16.org or 775.8623

Come join in the fun!!!!

Adventurelore Summer Camp

MEET OUR STAFF



The ADVENTURELORE staff is most responsible for the success of our program. All staff members possess the high degree of sensitivity, understanding and energy necessary to answer the individual needs of each of our adventurers. Our staff members have considerable experience working with the youth in various environments. Both junior and senior staff members are carefully selected and well trained to provide the highest quality programs. ADVENTURELORE averages a

1:3 Counselor: Adventurer Ratio

Learn more about -

our awesome staff at ADVENTURELORE.ORG

Like us, follow us. We love t share our photos and





CONTACT US

Phone: 603-382-4661

Email:

Office@adventurelore.org

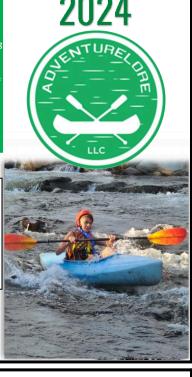
Adventurelore's Summer Camp is a historically safe high-adventure coed outdoor living experience designed to offer challenging and successful experiences for children and adolescents. Under professional supervision and guidance, adventurers will gain self-esteem and personal confidence through adventurous, excitin and FUN filled activities, while acquiring outdoor living skills. These skills have been proven to be physically and mentally beneficial to individuals of all ages. We strive to help youth unfold positive attitudes about themselves and their peers in outdoor surroundings through exposure to both individual and group challenges.

Ryan's Message

Summer camp is one of the most amazing experiences you can provide your child. At Adventurelore we believe that camp is more than just having fun. It's about having fun while making new friends, great memories and leav valuable life skills. When our campers return home we want them to have had the best adventure of their lives while also feeling like they learned life lessons and skills they can use as they grow into teenagers and young adults.



Ryan Holder



5 DAY AGES 8-12 NH CAMP JUNIOR 1 | July 8 - 12 | \$1,395 JUNIOR 2 July 23 -27 |\$1,395

6 DAY LAGES 10-13 LME CAMP

Adventurelore is offering 5 and 6 day programs for juniors designed to be a life enriching taste of our Woodstock, NH and Franklin, ME base camp activities. Adventurers will enjoy the experiences of camping, swimming, rock climbing, rappelling, canoeing, and white water kayaking on Junior 1 and 2 (5-day programs) at our Woodstock, NH campsite. On our Junior 3 trip (6-day program) at our Franklin, ME campsite, campers will enjoy all of this in addition to white water rafting! Other energized camp activities take place in what kids have come to call "Thunder Dome" and "The Barn." The weeks activities are designed to be fun and exciting while enhancing self-esteem and developing self confidence in a safe and caring social environment





Adventurers will mountain hike along the best of the back trails of Maine from the Canadian border to Bar Harbor This trip also includes whitewater kayaking and canoeing swimming, rock climbing and orienteering adventures. The focus of this eventful and exciting adventure is directed toward participants recognizing their capabilities as an individual and positively contributing their personal attributes to the group while enjoying a healthy

environment. Ride your mountain bike, borrow o Giant brand mountain bikes, or for an additional \$295 you an purchase a brand-new shop quality mountain bike at 60% discount. We highly recommend this option.

LAND AND SEA ADVENTURE (co-ed)



The Eight-Day Land & Sea trip is coed and offers adventurers four days of sailing, kayaking and canoeing swimming, tubing and island exploring along the beautiful coastline of Mt. Desert Island and Frenchman Bay. The ensuing four days' activities will include rock climbing, rappelling and whitewater rafting. This trip focuses on ating skills and positive social interaction in a variety of FUN and challenging environments.

ACADIA ADVENTURE (girls)

JULY 21- 26 | \$1,495

he Acadia Adventure is based in Franklin. ME near Acadia National Park Activities will include swimming kayaking canoeing, hiking, rock climbing, rappelling in the beautiful Acadia National Park, sailing in Bar Harbor, and whitewater rafting on the Kennebec River! This program emphasizes on the benefits of being active, having FUN, social connection, healthy living and perseverance through individual and group challenges.

*For all programs, activities are subject to change subject to weather or program





WHITE MOUNTAIN ADVENTURE (boys)

8 DAY | AGES 13-17 July 29-August 5 | **\$1,**8



challenges, adventurers will increase their self-confidence

spontaneity, teamwork and a sense of humor in new and thrilling environments. WHITE MOUNTAIN ADVENTURE (girls)



The 6-Day White Mountain GIRLS Adventure is a program highlighted with whitewater kayaking, hiking the Appalachian Trail, swimming, camping and rock climbing in the White Mountains. Our main camp is located on the Pemigewasset River. Every day there are opportunities to swim and explore the river. This program promises to be FUN and EXCITING with the ability to meet the individual challenge needs of every adventurer. Through these challenges, adventurers will increase their self-confidence, spontaneity, teamwork and have FUN in a new and thrilling environment

CONTACT US

Phone: 603-382-4661



Not a school sponsored event

SANBORN YOUTH SOCCER

Registration is now open for the Spring Season

Welcoming families of Kingston, Newton, and surrounding communities!

SYSA has opened the Spring registrations early this year and wants to welcome you all to sign up! This is a co-ed soccer program aged 4 through grade 8. Games are played on Sundays at Chase Field in Kingston.

The season will run from May 4th through June 16th

With practice times to be determined

There are two sessions available

Session 1 - for age 4/5 and grades 3-8

Session 2 - for age 4/5 and grades 1-2

To register your child please visit www.sanbornyouthsoccer.org

If you volunteer to coach a team you will have your registration fee waived for one child! Any questions please reach out to sanbornvouthsooccer@gmail.com



Sanborn Baseball and Softball Association Registration is Open All levels

Baseball: T-Ball Ages 4-6 years old Rookies ages 6 and 7 Minors ages 8 and 9 Majors ages 10 till 12 Softball U8 Softball U10 Softball U12 Softball U14 Softball U16

Visit sanbornbsa.org to signup and register

Questions or need help? Email us at: sanbornbsa@gmail.com

This program is not associated with Sanborn Regional School District